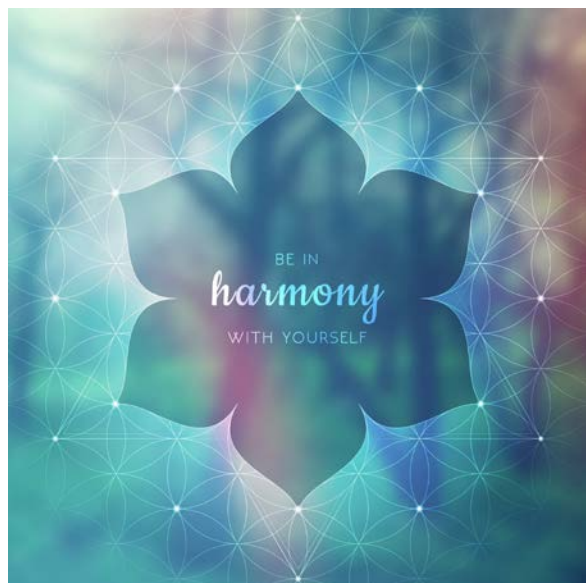


# Healing Room



# Healing Room Subscriptions

## Pain Free Station

- UTK Shoulder Pad with Far Infrared including Jade and Tourmaline Stones
- DPL® Flex Pad Pain Relief System for Back and Knee Pain
- Infrared Foot Pad to Relieve Pain
- TENDLITE® Red Light Device
- ClearUP® Microcurrent Treatment for Sinus Pain

## Stress Free Station

- Wild Divine Interactive Biofeedback Video Game

### Subscription 1

Unlimited Healing Room Visits!

**\$29.95 per month**

## Brain Health Station

- Hooga® Red Light Therapy Panel
- Lumitron® Full Spectrum Light Therapy Device
- iGrow® Professional Laser Hair Growth System

## Whole Body Station

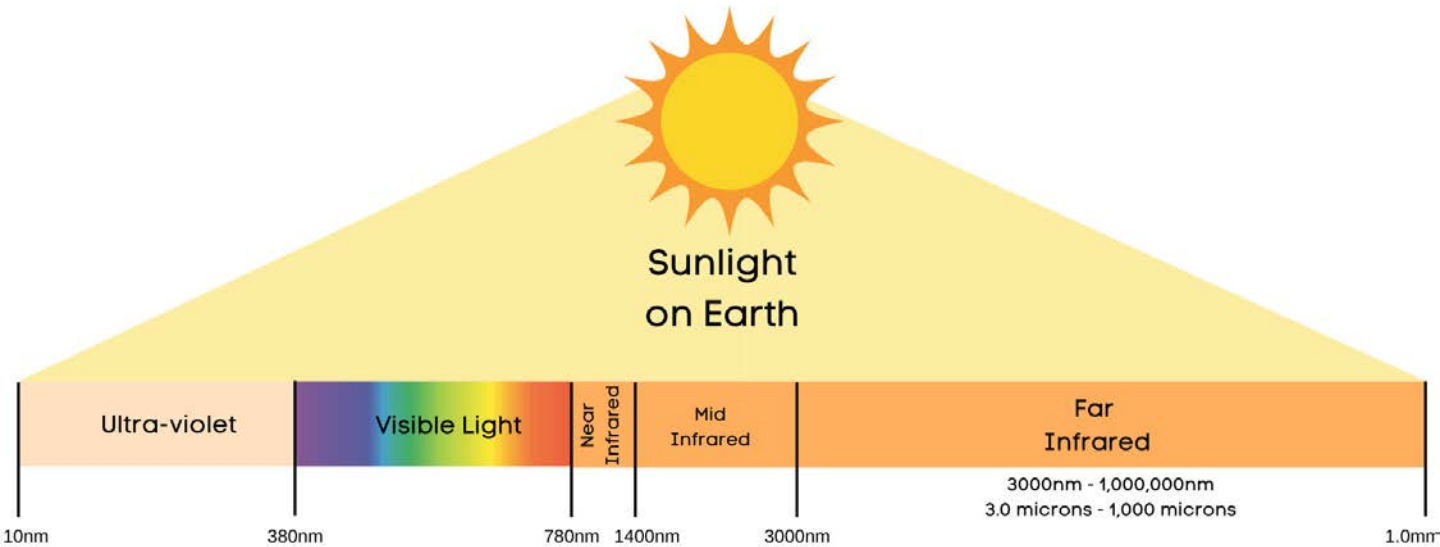
- The Deep Penetrating Infrared Heating Blanket
- MindPlace LIMINA® Light and Sound System
- HEALY® Individualized Microcurrent Frequency System

### Subscription 2

Additional 1 Aura photo per month!

**\$49.95 per month**

# Red & Infrared Light Therapy



NASA originally began experimenting with red light therapy on plant growth in space and then to help heal wounds in astronauts. Like many developments, other potential uses began to be investigated.

Over 5,000 published studies have shown specific wavelengths to have the greatest biological impact on the cells of the human body. Red light is best for superficial skin treatments, as it does not have the ability to penetrate quite as deeply as near infrared light. Near infrared light is best for treating deep tissues such as joints, muscles, and even the brain, because of its ability to penetrate deeper into the human body.

In fact, red light therapy is already widely medically accepted in its use in photodynamic therapy. It's used to treat some skin conditions, including skin cancer and psoriasis, acne and warts and some types of cancer.

Infrared therapy is widely used in the fields of medicine, dentistry, veterinary medicine, and in autoimmune diseases, to name a few. The therapy is safe and natural, which enables it to be offered as an alternative treatment for various health conditions like muscle pain, joint stiffness, and arthritis, to name a few.

Infrared therapy has many roles in the human body. These include detoxification, pain relief, reduction of muscle tension, relaxation, improved circulation, weight loss, skin purification, lowered side effects of diabetes, boosting of the immune system and lowering of blood pressure.

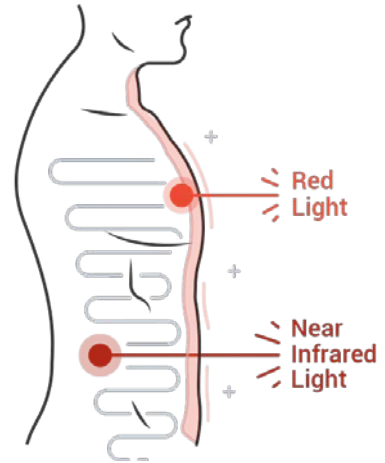
# Photobiomodulation (PBM)

## Light is the Medicine of the Future

Dr. Tricia Seymour, PhD, EdD, ND, LPC-S

### What is Photobiomodulation (PBM Therapy)?

Photobiomodulation (PBM Therapy) previously known as Low Level Laser Therapy (LLLT) is the application of red and infra-red light over injuries or lesions to improve wound and soft tissue healing, reduce inflammation and give relief for both acute and chronic pain. First developed in 1967, it is now commonly referred to as PBM. Current research on red and infrared light therapy is extensive with over 5,000 research publications.



### Benefits of Red Light Therapy

- Reduces wrinkles
- Builds Collagen
- Repair sun damage
- Cellular health & repair
- Decreased Headaches & Migraines
- Improved circulation
- Wound healing
- Better lymphatic drainage
- Decreased inflammation
- Pain relief
- Fading scars and stretch marks
- Hair growth
- Stimulating positivity
- Better sleep
- Improves psoriasis, rosacea, and eczema
- Improved Eye Health (Age-related macular degeneration)
- Increased energy
- Improved athletic performance
- Increased testosterone in men

### Benefits of Infrared Light Therapy

- Improved memory & cognitive function
- Detox the cells
- Increased energy production (ATP) in mitochondria
- Weight loss, boosting metabolism
- DNA repair
- Lowering blood pressure
- Cardiovascular improvement
- Pain relief
- Reduction in Fibromyalgia pain

### Issues infrared light can benefit:

- Traumatic Brain Injury (TBI)
- Dementia & Alzheimer's
- Diabetic Neuropathy
- Attention Deficit Disorder (ADD & ADHD)
- Mood Disorders (anxiety, bipolar, major depression)
- Arthritis & Joint Health
- Bone Healing
- Thyroid Function (including Hashimoto's thyroiditis)
- Parkinson's disease
- Stroke recovery
- Long COVID
- Peripheral Arterial Disease

# Pain Free Station

## UTK Shoulder Pad with Far Infrared including Jade and Tourmaline Stones

- UTK neck shoulder heating pad warms up and the pad emits far-infrared rays, deep into human tissue to help your neck and shoulder in a healthy way.
- Two kinds of stones are rich in tract elements, it can promote negative ions when heated and is beneficial to the human body.

## DPL® Flex Pad Pain Relief System for Back and Knee Pain

- 880nm Infrared and 660nm Red LED
- The dpl® Flex Wrap Pain Relief System helps stimulate blood circulation, accelerate healing, and relieve pain associated with many physical ailments via strategically placed LEDs.
- Great for sport injuries, arthritis, neuropathy, sprains, Carpal Tunnel Syndrome, neck and shoulder stiffness, sore back, ankle swelling, and tissue repair. Take your health to the next level!

## Infrared Foot Pad to Relieve Pain

- Using technology pioneered by NASA to heal astronauts' injuries, this foot pad's LEDs produce safe infrared heat to stimulate blood circulation, relieve swelling, and loosen muscles in the feet. It is the only of its kind made specifically for the feet.
- A study at Children's Hospital of Wisconsin in Milwaukee showed the LED technology reduced painful inflammation by up to 37%. Unlike heating pads that only treat just below the skin's surface, the light from the unit's infrared LEDs (invisible to the naked eye) penetrates deep into tissue to help relieve the soreness common with plantar fasciitis, neuroma, and tendonitis.

## TENDLITE® Red Light Device

- 660nm high efficiency Red Light Therapy. With a powerful 1500 mw output of optimal red-light wavelength, Tendlite® is an FDA cleared medical device indicated to treat various types of pain!
- LED light therapy device that relieves joints and muscles, supports increased mobility.
- TENDLITE® utilizes state-of-the-art technology used on Pro Athletes by Doctors and Physical Therapists.

## ClearUP® Microcurrent Treatment for Sinus Pain

- Sinus Headache and Decongestant Treatment is a handheld bioelectronic device that relieves allergy sinus pain and congestion due to colds, flu and allergies.
- It is 100% drug-free and uses advanced microcurrent technology (low-level electrical stimulation) to calm sinus nerve fibers so you can breathe easier. Simple and easy to use, just glide the tip across the cheek, nose bone and under the eyebrow bone. Quick 5-minute treatments can deliver up to 6 hours of relief. FDA cleared and clinically proven so it's safe and effective.

# Brain Health Station

## Hooga® Red Light Therapy Panel

- Red and Near Infrared 660nm 850nm, 60 Clinical Grade LEDs, High Power Output Panel.
- Improve Sleep, Pain Relief, Skin Health, Anti-Aging, Energy, Recovery.
- Red light therapy works by stimulating the mitochondria in our cells to produce more ATP, otherwise known as cellular energy. When our cells have more energy, they're better able to carry out their necessary functions!
- As a result, the benefits of red and near infrared light therapy are plentiful!
  - Improved memory
  - Skin rejuvenation
  - Improve psoriasis, rosacea, and eczema
  - Wound healing
  - Hormone optimization
  - Better sleep
  - Pain relief & reduced inflammation
  - Improved athletic performance and more

## Lumatron® Full Spectrum Light Therapy Device

- A therapeutic device that incorporates the use of light, color wavelengths, and eye movements, aims to rapidly transform emotional distress and related physical pain into a positive emotional state.
- Specifically, the brain is stimulated with lights and colors in order to reshape the neural impulses affecting the brain and the nervous system.
- Discoveries in light therapy show particular wavelengths of light to be able to help transform a person's emotional state when administered properly.
- Full Spectrum Light Therapy in the eyes can assist with issues such as:
  - Attention Deficit Disorder (ADD)
  - Attention Deficit Hyperactivity Disorder (ADHD)
  - Memory challenges
  - Stress management
  - Chronic pain
  - Anxiety
  - Depression

## iGrow® Professional Laser Hair Growth System

- FDA Cleared Laser Cap Hair Growth
- Low-Level Light Therapy (LLLT) is a highly effective hair growth treatment process, LLLT increases cellular activity and promotes the proliferation of thick, full and healthy hair.
- Non-invasive Low-Level Light Therapy (LLLT) at a scientifically-established and clinically-proven wavelength (approximately 655 nanometers) can re-energize unhealthy follicle cells, and corresponding stimulate and stabilize the production of fuller, thicker and healthier hair.

# Whole Body Station

## Deep Penetrating Far Infrared Heating Blanket

- This is the large heating pad that emits far infrared rays that penetrate deep into tissue to help ease sore muscles and joints.
- The Infrared Heating Pad is designed to provide pain relief from arthritis, carpal tunnel syndrome, joint stiffness, cramps, sports injuries and more by utilizing a safe, low-voltage design.
- Unlike traditional heating pads, the Infrared Heating Pad uses Far Infrared Ray (FIR) heat, so it's never hot to the touch. Instead, the Far Infrared Rays penetrate deep to warm your muscles and bones.

## MindPlace LIMINA® System

- Utilizing light and sound pulses at a specified frequencies, this system stimulate the mental activity of the user, leading the user's mind from normal waking consciousness to a variety of desirable states of consciousness.
- The LIMINA System aids in stress management, improve focus, meditate, relax, break undesirable states like anger, and enjoy a visual psychedelic experience without drugs.
- Stunning Audio and Visual Experience: The Limina has millions of color combinations that make up the 100 light and sound sessions. You can find the session that best fits your mood.
- Meditation Aid: Limina can allow you to quickly access deep, tranquil states by pulsing rhythmic sound and flickering light. Limina can enable you to break free from these negative induce deeper states of relaxation, concentration, and altered states of consciousness
- Attention and Mental Training: The combination of sound and light keeps your mind off distractions. Stress less and focus more while using the Limina System. Limina is excellent for anyone who wants to improve their mental, emotional, and spiritual well-being. After using this device for a few sessions, you will see that it can increase your productivity and clear extraneous thoughts.

## HEALY® Individualized Microcurrent Frequency System

- Frequency applications have been developed over decades of research by practitioners and scientists. The safety of this method has been proven by many studies and decades of experience, which have been confirmed by thousands of applications from our own practitioners
- Healy provides your body with frequencies for the harmonization of the Bioenergetic Field.
- The Healy is a small but very versatile device that uses Individualized Microcurrent Frequency (IMF) programs to harmonize your Bioenergetic Field for many important areas of life.
- The transport of matter into and out of the cell functions by a kind of magnetically controlled valve mechanism. The voltage potential, i.e., the difference between the voltage inside the cell and the voltage between the cells, is responsible for healthy (physiological) cell metabolism.
- In principle, this mechanism explains why frequencies can be applied for many different purposes. There are hundreds of programs to choose from for your whole-body health.

# Stress Free Station

## Wild Divine Interactive Biofeedback Video Game

- With Wild Divine's Interactive Meditation, our immersive experiences will lead you to wellness and relaxation. Built with real-time biofeedback, Unyte's self-regulation device is a guide to a healthy coping lifestyle.
- Published research has found that the use of Wild Divine's Interactive Meditation programs may, as part of a healthy lifestyle, help reduce the risk of or help living well with certain health conditions, including stress, anxiety, depression, pain and many others.

## An Evidence-Based Solution

Over the past decade, the scientific literature has seen a phenomenal increase in the number and quality of research studies demonstrating the positive impacts of meditation. The success of meditation is directly correlated to a number of biometric 'indicators' - of which Heart Rate Variability (HRV) is considered to be one of the strongest.

## The Benefits of HRV Biofeedback

Heart Rate Variability (HRV) is a measure of the variation in time between heartbeats and is considered to be a strong indicator of your meditative state. It has been shown through decades of research that a higher HRV correlates with an optimal, relaxed nervous system state, positive emotions, and improved health.

According to the research, HRV biofeedback may, as part of a healthy lifestyle, help in the following ways:

Improve ability to handle adversity or stressful situations

- Decrease anxiety
- Stress management
- Reduce depression
- Improve responses to anger-inducing stimuli
- Improve sleep quality
- Reduce pain
- Improve gastrointestinal disorder symptoms
- Improve mood and psychological well-being
- Help fine-tune skills for optimal sports performance

## The Science Behind Interactive Meditation

Our previous products have been referenced by over 100 scientific journals and endorsed by hundreds of professionals. What did the researchers find? Published results have found that use of Wild Divine's products may, as part of a healthy lifestyle, lead to improvements in:

- Stress Management
- Anxiety
- Pain
- Depression
- Coping Skills
- Creativity
- ADHD
- Athletic performance
- Musician performance