

Dr. Tricia Seymour PhD, EdD, ND, LPC-S

I have taught at the university level and have extensive training in psychology, energy therapies, hypnosis, guided imagery, meditation, various spiritual paths, and many natural health modalities. As an empath and intuitive practitioner, I am a strong believer in the Mind, Body, Spirit essential balance.

Mind – Counseling Psychology
Body – Naturopathic Practitioner
Spirit – Ordained Interfaith Minister

FORMAL EDUCATION:

B.S. - Bachelor of Science in Social Sciences with an emphasis in Psychology
Florida Southern College
Lakeland, Florida
Graduated: December 1982

M.A. - Master of Arts in Marriage and Family Therapy with a minor in Theology
Southwestern Theological Seminary
Ft. Worth, Texas
Graduated: December 1988

Ordained Interfaith Minister
National Interfaith Seminary
St. Paul, Minnesota
Graduated: January 1996

N.D. - Doctor of Naturopathy
Indian Institute of Alternative Medicines
Open University, Calcutta, India
Graduated: December 2003

Ph.D. - Doctorate of Philosophy in Counseling Psychology
International University
Republic of Panama
Graduated: December 2005

Ed.D. – Doctorate of Education in Instructional Technology
American College of Education
Indianapolis, Indiana
Graduation: March 2021

SPECIAL STUDY & TRAINING: (Not a complete list!)

- 2020 – Functional Nutrition Training with the Institute of Functional Medicine
- 2020 – Functional Medicine Training with the Institute of Functional Medicine
- 2020 – Certified Mental Health Integrative Medicine Practitioner
- 2020 – Eye Movement Desensitization and Reprocessing (EMDR) Training
- 2019 – Herbalism and Making Herbal Medicines Training
- 2018 – Red Lights and Far Infrared Light Healing
- 2017 – Aromatherapy Training
- 2016 – Emotional Transformation Therapy (ETT®) with Dr. Steven Vazquez, Ph.D.
- 2015 – Crystal Bowl Sound Therapy Training
- 2014 – Tuning Fork Sound Therapy Training
- 2011 - Entrepreneur Business Success Training
- 2009 – Trained in Online Software Platforms (Storyline 2, Camtasia, Captivate, Adobe Acrobat Pro, Sony Sound Forge, Moodle, Microsoft Office Suite)
- 2008 – Learned Holistic Approaches to Drug & Alcohol Counseling
- 2007 – Worked with Indigenous Healers in Panama
- 2007 – Studied Spanish in the Republic of Panama
- 2006 – TEFL Certificate – Teaching English as a Foreign Language
- 2005 – Classical Homeopathy with Dana Ullman, M.H.P.
- 2004 – Emotional Freedom Technique (EFT) with Gary Craig
- 2004 – Quantum Touch with Richard Gordan
- 2004 – Energy Medicine with Donna Eden
- 2004 – Bach Flower Remedies Training
- 2003 – Pharmacy Technician Training, Delmar College, Corpus Christi, Texas
- 2003 – Certified as a Traditional Naturopathic Doctor, Indian Institute of Alternative Medicine, India
- 2002 – TX Licensed Professional Counselor Supervisor Training
- 2002 – Chinese Energetic Medicine with Dr. Kam Yuen, D.C., Shaloin Master
- 1999 – Transform Breathing Training with Dr. Tom Goode, N.D., International Breath Institute
- 1998 - A Course in Miracles (ACIM) & Attitudinal Health
- 1997 – Successful Life Course with Ed Foreman & Earlene Vining
- 1996 – Reiki Levels I, II, III
- 1996 – 2002 – Kabbalistic Studies, The Kabbalah Centre with Rabbi Berg
- 1995 – Mediumship Training with Dwanna Paul
- 1995 – Neuro-linguistic Programing (NLP) Basic Training
- 1995 – Buddhist Studies, Parbawatiya Buddhist Center
- 1995 – Clinical Hypnosis Training, American Society of Clinical Hypnosis
- 1995 – Extensive Metaphysical Training, National Interfaith Seminary
- 1994 – Personal Growth Seminar and Fire Walking with Tony Robbins
- 1993 – Brief Photostrobic Therapy with Dr. Steven Vazquez, Ph.D.
- 1992 – Experiential Treatment of DID
- 1992 – 1996 – Hindu Studies with Sri Anandi Ma, Dhyanyogi Center – Kundalini Yoga

LICENSES & CERTIFICATIONS:

Certified Mental Health Integrative Medicine Practitioner – National #236050

Licensed Professional Counselor (L.P.C.) – Texas #10059

Texas L.P.C. Supervisor – Texas #10059

American Association for Marriage & Family Therapy (AAM&FT)

Ordained Interfaith Minister

Reiki Master & Other Energy Modalities

Certified Traditional Naturopath

Certified Natural Health Consultant

Certification in Clinical Hypnosis - National #0788

Licensed Marriage and Family Therapist (Inactive) – Texas #001393-001622

Certified Pharmacy Technician (Inactive) – National #2701-0103-1159-764

PUBLICATIONS:

Book: *Awaken to Oneness: Spiritual Incension Techniques* - Entelechea Press, Plano, TX.

Affirmation Cards: *Awakening Cards* - Entelechea Press, Plano, TX.

Book: *31 Days to Increase Your Stress*, Publisher Blue Sky Marketing, St. Paul, MN - ‘Tongue in Check’ humor book.

Book: *31 Days to Ruin Your Relationship*, Publisher Blue Sky Marketing, St. Paul, MN - ‘Tongue in Check’ humor book.

Book: *Rise to The Stars: A Daily Focus Book for Entrepreneurs* - Entelechea Press, Denver, CO.

I have hosted my own health and wellness radio show, as well as being a guest on many TV and radio shows.

COURSES & WORKSHOPS TAUGHT: (Too many to remember!)

Presented at Professional Conferences

- American Counseling Association
- Texas Drug & Alcohol Counselors
- Texas Society for the Study of Trauma & Dissociation

Presented at Psychiatric Hospitals

- Charter Hospital Dallas, TX, USA
- Charter Hospital Grapevine, TX, USA
- North Richland Hills Hospital, TX, USA

Counseling Skills Trainings

- Dallas, TX, USA
- Hurst, TX, USA

- Oslo, Norway
- Antwerp, Belgium

Personal Growth Workshops & Corporate Training Seminars

- Throughout the USA
- Canada
- England
- Scotland
- Malaysia
- Australia