

Rusty Barrier, PhD, ND, LPC-S

PERSONAL INFORMATION:

I have been in the psychology and education fields for the last thirty-five years and have extensive training in psychology, energy therapies, hypnosis, guided imagery, meditation, and various spiritual paths. I am an enthusiastic proponent of the Mind, Body, Spirit essential balance.

EDUCATION:

A.A. – Associate of Arts in Business Administration,
Valedictorian Northwood University
Cedar Hill, TX
Graduated: February 1980

B.A. - Bachelor of Arts in Psychology
Texas A& M Corpus Christi
Corpus Christi, TX
Graduated: May 1983

M.S. - Master of Science in Counseling Psychology
Texas A& M Corpus Christi
Corpus Christi, TX
Graduated: May 1986

N.D. - Doctor of Naturopathy
Indian Institute of Alternative Medicines
Open University, Calcutta, India
Graduated: December 2003

Ph.D. - Doctorate of Philosophy in Counseling Psychology
International University
Republic of Panama
Graduated: December 2005

LICENSES & CERTIFICATIONS:

Licensed Professional Counselor (L.P.C.) – Texas #10590
Certification in Ericksonian Hypnosis
Certified Transformational Facilitator
Certified EFT Practitioner
Certified EMDR Practitioner

SPECIALIZED STUDY & TRAINING:

2020 – Eye Movement Desensitization and Reprocessing (EMDR) Training
2019 – Advanced Emotional Freedom Techniques
2016 – Emotional Transformation Therapy (ETT®) with Dr. Steven Vazquez, Ph.D.
2015 – Crystal Bowl Sound Therapy Training
2011 - Entrepreneur Business Success Training
2008 – Learned Holistic Approaches to Drug & Alcohol Counseling
2007 – Worked with Indigenous Healers in Panama
2006 – TESOL Certificate
2004 – Emotional Freedom Technique with Gary Craig
2004 – Quantum Touch with Richard Gordon
2004 – Energy Medicine with Donna Eden
2004 – Bach Flower Remedies
2003 – Traditional Naturopathy Indian Institute of Alternative Medicine, India
1996 – Kabbalistic Studies - The Kabbalah Centre with Rabbi Berg
1995 – Neuro-kinesiology 1994 – Reiki Master
1993 – Transformational Breathwork Training with Dr. Tom Goode, N.D.
1992 – Ericksonian Hypnosis
1991 – Shaman training with Kiowa Holy man Kenneth Cooseswoon
1990 – The Art of Empowerment – Gail Straub & David Gershon
1989 – Search for the Beloved – Dr. Jean Houston
1988 – Attitudinal Healing Training – Dr. Jerry Jampolsky, M.D.
1984 – The Way of the Sufi – Pir Vilyat Inayat Khan
1981 – Total Effectiveness Training – Bobbi Simms
1974 - Successful Life Course with Ed Foreman & Earlene Vining

Community Service

1989 - 1992 Coastal Bend AIDS Foundation Vice-President Board of Directors

1989 - 1992 Project Phoenix – Domestic Violence Center Vice-President Board of Directors

1990-1992 Corpus Christi Mayors Commission on AIDS Founding Member

1994-1995 Dallas Center for Attitudinal Healing Board of Directors

2019 – Present Co-founder of Barrier-Seymour Foundation

2020 – Present Co-founder Entelechea Ministries

PUBLICATIONS:

Book: *31 Days to Ruin Your Relationship*, Publisher Blue Sky Marketing, St. Paul, MN, 1997 - 'Tongue in Check' humor book.

Book: *Rise to The Stars: A Daily Focus Book for Entrepreneurs* - Entelechea Press, Denver, CO, 1998.

Audios:

Decrease Your Stress
Improve Your Relationships
Increase Your Wealth
Listening with Your Heart
Dealing with Emotions
The Principles of Attitudinal Healing
Quieting Your Mind
Understanding Grief and Loss
The Joy of Breathing
Relationships as Mirrors

COURSES & WORKSHOPS TAUGHT:**Presented at Professional Conferences**

American Massage Therapy Association National Education Conference Texas
Drug & Alcohol Counselors
Texas State Teachers Conference
International Conference on Attitudinal Healing
AIDS, Medicine & Miracles Conferences – Austin, TX, Houston, TX, Omega Institute

Presented at Psychiatric Hospitals

Charter Hospital Corpus Christi, TX
Bayview Hospital Corpus Christi, TX
La Hacienda Treatment Center, Hunt, TX
Cirque Lodge, Sundance, UT
Renaissance Treatment Center, Malibu, CA

Counseling Skills Trainings

Dallas, TX
Corpus Christi, TX
San Antonio, TX

Personal Growth Workshops

Dallas, TX
Corpus Christi, TX
Kerrville, TX
Denver, CO
Minneapolis, MN
Thousand Oaks, CA
Malibu, CA

Corporate workshops – Throughout the U.S. & Canada

Dealing with Stress

Interpersonal Skills

Overcoming Workplace Negativity

Business Skills

Organizational Skills

Effective Managerial Skills